# LPHIN NEWS

**APRIL 2025** 

**DOWDELL MIDDLE MAGNET SCHOOL** 

ISSUE 7



### **FAST TESTING TIPS**

The night before:

- Turn your cell phone off
- Get into bed early

The morning of testing:

- Get up early to be wide
- Make sure to have a relaxing morning routine
- · Eat a nutritious breakfast

### During testing:

- Use relaxing breathing techniques to calm your nerves
- Go over test taking strategies you have learned

See page 8 for a detailed calendar of testing dates.



### **APRIL IS AMAZING ATTENDANCE MONTH**

The more you come to school and remain in school for the entire day, the more chances you have to win prizes for AMAZING attendance!

See page 7 for full details!

### **DOLPHIN SPIRIT WEEK**

Sponsored by PBIS

The last week in April kicks off Dolphin Spirirt Week. All students can dress to the theme of each day. If not participating, uniforms are expected.

Basketball game \$50 DD See page 8 for the daily schedule & full details!







## CUNCRATULATIONS! Dowdell



# Q3 HONOR ROLL LISTS

PRINCIPAL'S HONOR ROLL



Downs, Evan
Drasher-Phillips, Alyssa
Hawley, Millicent

Kuban Dillard, Alissa
Prude, Aaliyah
Sanjuan, Jonel A. Jr.



Waiters, Maddox

# **HIGH HONOR ROLL**

Abadin Leon, Taylor Arias, Elias Benitez, Jeadalise Bonilla-Vazquez, Keciel Capheart, Jewell Carrasco, Francis Carridice-Brown, Zuri Celestino-Garcia, Yaritza Cesar, Serinity Coker, Jaelyn Colon Mora, Miah Colunga, Raymond Cusinga, Isabel Davis, Avory Deaton, Sofie Desir, Bianca Driscoll, Katelyn Driz-Seymour, Alani

Echevarria Roque, Danielys

Escue, Rhyanon

Espinoza, Xavier Fregio, Jeisy Garcia, Jaelyn Gomez Rodriguez, Jhon Grillo Calderon, Indiana Guerra, Myshelle Harmon, Matthew Hayes, Connor Hayward, Quincey Hernandez Granados, Rosa Hernandez, David Hernandez-Aguilar, Monica Hodgson, Annabel Jones, Carrington Jordan - Zepeda, Valeria Jurado Arroyo, Carmen Lee, Abigail Leon, Adriana Lopez Benitez, Nayeli Magana, MaryAnn

Martell, Emily Martinez, Eileen Martinez, Noah Medina, Amiyah Melian Gonzalez, Enzo Metiviet, Kaylyn Mohan, Karina Myrick-Washington, Kamaria Pace, Jordyn Padilla, Adriel Perera, Dailyn Perla, Jose Pichardo, Yeilin Pierce, Sonia Pino, Kiyhon Prats, Krystie Prieto, Nataley Quinones, Gloria Rios, Oliver Robinson, E'li Lamont

Rodriguez, Maribella

Rousseau, Kelvyn Ruiz-Gonzalez, Yordanis Russell, Josiah Sanchez-Gomez, Yaretzi Seda Sibrian, Gabriel Serrano, Jacob Smith, Kelleicia Soto, Shantal Stevenson, Coltin Suarez Caceres, Jelena Swords, Makayla Torres Sheffield, Ennovi Torres, Javier Valdez-Palma, Frida Vega Fis, Rosemary Velasquez, Denzel Velazquez, Merary Waiters, Micah Waldron, Izabella Windham, Naomi Womack, Kameelah Young, Jeffrey M. III



# **HONOR ROLL**

Acuna, Vania Carridice-Brown, Zorn Concepcion Torres, Adriano Douglas, Morgan



Hernandez, Rafael Jr.

Honor rolls are determined based on a student's academic quarter grades when the student is enrolled in a minimum of four district courses.

<u>The Principal's Honor Roll</u> designation is awarded to students who earn A's for all academic and conduct grades.

<u>The High Honor Roll</u> designation is awarded to students who earn a minimum of three A's and no grade lower than a B for academic and conduct grades.

The Honor Roll designation is awarded to students who earn B's or higher for academic and conduct grades.





# INDUSTRY CERTIFICATIONS

Mr. Makovec, Dig. Tech Teacher Mrs. Nikole Johnson, certification proctor

BROTHERS, ALEXANDER WORD Processing DOWNS, EVAN CAINES, CAIDYN GAINOUS, JOSIAH LEMUS. XAVI LORD, WILLIAM MORALES, HEVENKY RODRIGUEZ, EMELY SCHMIDT, NATHANIEL

WAITERS, MICAH

**CURIEL. ADRIAN HUNT. DANNI** ROBINSON, E'LI LAMONT ROSS, ZACHARY STORY, LYRIC

GREENE, DARION HILBURGER-DONJUAN, AMY HOLLIE, SHEKINAH POTTER, LILYANNAH GIBSON, LUKAS HAWLEY, MILLICENT HOLT, ARABELLA PACE, JORDYN

## Word Processing & CyberSecurity

**REVIEW** 

ZAYAS CRUZ, JONATHAN

PRIETO, NATALEY



**Dress for Success Policy** 



On Fridays, students can wear a Dowdell spirit shirt in place of a collar shirt and a pair of blue jeans or blue jean shorts. wearing a jacket or sweatshirt for warmth, the uniform collar MUST be visible!



### HCPS Dress Code Policy: Sixth - Twelfth Grades

The dress and grooming of students shall be that which contrit educational activities and processes of a school, (Student Code of Conduct p. 51)

### Shirts

- Clothing that exposes the entire shoulder, tube tops, spaghetti straps, or similar type of clothing may only be worn with a blouse
- Clothing exposing the torso or the midriff, either front, back, or sides shall not be wor
- Uniform shirts MAY NOT be tied up in the back.
- Clothing shall not expose the mid-chest area.
- Boys' shirts shall have sleeves.

- All pants and shorts shall be secured at the w
- Underwear shall not be visible. (1006.07 and 1006.15 Florida Statute co
- Mini-skirts, mini-dresses, and short shorts shall not be permitted.
- Hemlines and holes shall be no shorter than fingertip length. Clothing traditionally designed as undergarments or sleepwear sha
- Shoes shall be worn and be securely fastened to the feet

- During Physical Education classes, shoes must be suitable for outdoor
- Skate tennis shoes and bedroom slippers are unacceptable and not allowe

- Head coverings shall not be worn in the building unless required for religious o
- Items not to be worn as head coverings include do rags, shower caps, bonnets, bandanas, HOODIES, baseball caps, knit hats,

### Graphic wording or illustrations:

- Garments and/or jewelry that display or suggest sexual, vulgar, drug, gang, weapons, or alcohol-related wording or graphics, or that provoke or may tend to provoke violence or disruption in the school, shall not be worn.

. Items such as blankets, racing/ski goggles, and sunglasses should not be brought to so

A student violating the uniform/dress code policy will contact a parent for a change of clothing. The student will remain in the ISS room until the change of clothing has arrived. Head coverings and graphic items will be confiscated, labeled, and given to the student affairs office for parent pick up.

This 6th grader, Antonio, helps out at lunch, putting vegetables and fruit in our compost bin!





These two hardworking students, Marlon & Rafael worked tirelessly together to assembly new barn equipment including this wheelbarrow that came in a box in over 500 pieces!







# APRIL IS AMAZING ATTENDANCE MONTH

GET A TICKET IN HOMEROOM

STAY AT SCHOOL GET A TICKET IN  $8^{TH}$  PERIOD

THE MORE YOU'RE HERE, THE
BETTER CHANCE YOU HAVE TO
WIN!

PRIZES WILL BE GIVEN TO WINNING TICKETS DURING LUNCH EVERY MONDAY

BE HERE! BE AMAZING!

LUNCH ON THE PATIO WITH A FRIEND







**EVERY DAY MATTERS!** 



# SAVE THE DATE

- WEDNESDAY, APRIL 15 REPORT CARDS ONLINE
- WEDNESDAY, APRIL 15 REPORT CARDS IN HR/HONOR ROLL CELEBRATIONS @ LUNCHES
- WEDNESDAY, APRIL 16 KONA ICE
- FRIDAY, APRIL 18 NON-STUDENT DAY
- FRIDAY, APRIL 18 (REVISED DATE) 7TH GRADERS TO AQUATICA IN ORLANDO
- MONDAY, APRIL 21 TO FRIDAY, APRIL 25 ADMINISTRATIVE PROFESSIONALS WEEK
- TUESDAY, APRIL 22 EARTH DAY WEAR A GREEN T-SHIRT W/YOUR KHAKI PANTS/SHORTS
- TUESDAY, APRIL 22 SPRING BAND CONCERT AT 6 PM IN MPR
- MONDAY, APRIL 28 TO FRIDAY, MAY 2 DOLPHIN SPIRIT WEEK SPONSORED BY PBIS
- THURSDAY, MAY 1 MOCK TESTING DAY
- FRIDAY, MAY 2 STUDENT VS. TEACHER BASKETBALL GAME
- MONDAY, MAY 5 TO FRIDAY, MAY 9 NATIONAL TEACHER APPRECIATION WEEK
- THURSDAY, MAY 8 POP CHOIR CONCERT 6 PM IN MPR
- FRIDAY, MAY 9 8TH GRADE GRADADVENTURE @ UNIVERSAL STUDIOS ORLANDO
- MAY IS STATE TESTING MONTH & WILL END WITH SEMESTER EXAMS MAKE SURE YOUR STUDENT(S) IS ON TIME & REMAINS IN SCHOOL FOR THE ENTIRE DAY!
   TESTING CALENDAR.

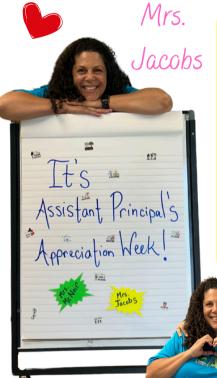
MAY 2025					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
TESTING CALENDAR			1	2	3/4
Writing Test April 8 <sup>th</sup> (Makeup April 9-11)			Mock Testing Day & Subject Area Practice Test Day.		
				St./Tchr. BB	
5	6	7	8	9	10/11
		PM3 ELA All Grades	CIVICS EOC	ELA & CIVICS MAKEUPS	
			Conference Night Choir Concert	8th Grade Universal FT	
12	13	14	15	16	17/18
ELA & CIVICS MAKEUPS	MATH All Grades (DeDecker Bootcamp)	ALGEBRA & GEOMETRY EOC Math Makeups	Math Makeups	SCIENCE EOC	
Girl's Group EOY Event					
19	20	21	22	23	24/25
Make Up Tests	Make Up Tests	Makeup Tests		Period 1 Exam	
				Celebration of FAST!	
26	27	28	29	30	31/1
NO SCHOOL MEMORIAL DAY	Period 2 & 3 Exam	Period 4, 5, 6 Exams	Period 7 & 8 Exam	Last Day & Exam Makeups	, -











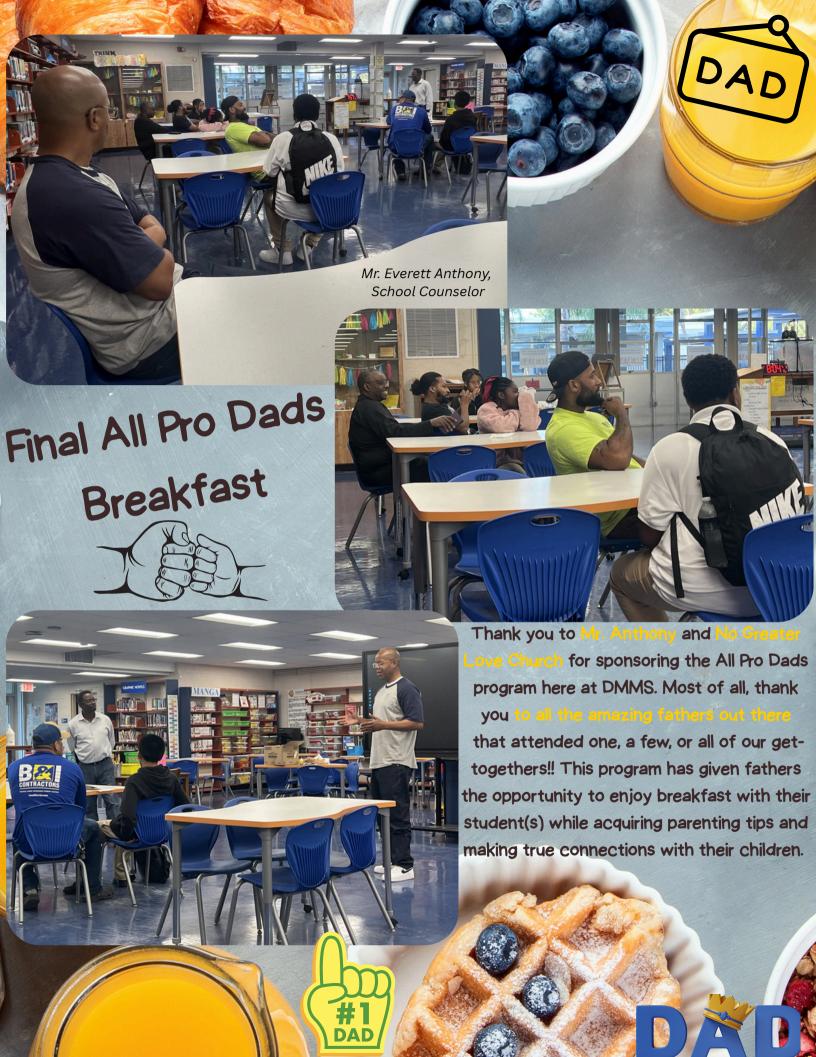


We our

Assistant Principals!







# Mrs. Elizabeth (Liz) Hawley Media Specialist Media Specialist Media Specialist Media Specialist

All Dowdell students have been visiting the Media Center to complete the yearlong learning, "Delving Into Dolphins", with the Social Studies lesson focused on exploring the challenges dolphins are facing around the world while brainstorming possible solutions. Students who have made it to all four lessons throughout the year received a learning survey with the option to attend a virtual visit from the Dolphin Research Center.



Students should begin looking around their homes and backpacks for library books to return before the end of the school year.

The last day for book checkout will be May 2nd. Students will be getting overdue book notices before the end of April.

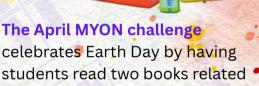




The March MYON Challenge

winners were:

- Amiyah Medina
- Ainsley Dalton



to environmental issues. This is due April 30th.

The April design challenge is in honor of both Earth Day and Poetry Month, students must write a poem about the earth.

These are due by April 30th to Ms. Hawley.

Congratulations to Mr.
Hornyak's 3rd period
class for reading the most
minutes for the Third
Nine Weeks Reading
Challenge. The class read
7,393 minutes and earned
a cupcake party! All the
reading classes worked
hard reading and logging
minutes during the third
nine week for this
challenge.





# MATH on the Lawn!











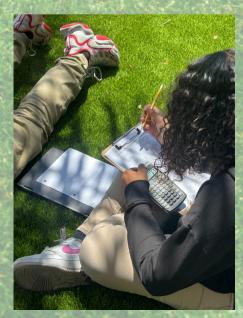








MR. Dedecker takes
HIS ALGEBRA
RESEARCH STUDENTS
OUTSIDE TO THE
FRESH AIR &
SUNSHINE TO SOLVE
EQUATIONS ASSISTED
BY MS. REYNOLDS.



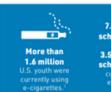


## Please help us combat the VAPING issue on campus.

Nurse Mangosing & Nure Bowen

## CENTER FOR TOBACCO PRODUCTS SMALL DEVICE **BIG PROBLEM** Facts on Youth E-Cigarette Use Based on data from 2024

### Youth Vaping: A Serious Public Health Concern



7.8% of high school students 3.5% of middle school students



used tobacco product for 10 years among both high school and middle school students.1



More than 1 in 4 current e-cigarette users vape every day, nicotine dependence.

### Be Aware of E-Cigarette Products

popular among teens are as small as a USB flash drive and

which makes them easier to use discreetly than

Most e-cigarettes contain nicotine, the same highly contain as much nicotine as 20 cigarettes.1

E-cigarettes come in a variety of shapes and sizes and may not look like a tobacco product, which can make them hard to spot.2







Youth vaping remains a public health concern. Many teens vape on a regular basis, and most choose flavored e-cigarettes. Many kids think vaping is harmless, but it can have serious health consequences. Given the right tools and information, parents, educators, and other influential adults can make a profound difference in the lives of their children and students by sharing the facts and tips to help them stay safe.

### Facts About Teen Vaping

Use this guide to start an honest conversation at home about

e-cigarettes and addiction.

USB STICKS, PENS, AND WATCHES.

Because their brains are still eloping, teens are more SUSCEPTIBLE TO **NICOTINE** addiction than adults

The data show that MORE LIKELY TO START SMOKING

AS A WHOLE PACK

Vapes get their flavors INHALING FLAVOR CHEMICALS

CONTAIN

NICOTINE,

Some e-cigarette sols contain chemi AS MUCH NICOTINE

**SUCH AS** FORMALDEHYDE,

### Teach your students the facts about vaping.

### Vape aerosol can contain harmful



harmful chemicals like formaldehyde. acrolein, and acetaldehyde, which are known to cause lung damage.43

### Most vapes contain nicotine, which is highly addictive.

Vaping can deliver nicotine to the brain in just 10 seconds.? A teen's brain is still developing, making it more prone to nicotine addiction. 8.12 Nicotine exposure during the teen years can disrupt normal brain development.



### There can be danger behind the flavor.

Vapes get their flavors from chemicals. While these flavorings are safe to eat in food, they're not safe to inhale. Inhaling flavor chemicals can harm your lungs.4

### Vapers could be inhaling metal particles into their lungs.

Vane aerosol could be delivering metal particles like chromium, nickel, lead, tin, and aluminum right into your lungs. Some of these metals are toxic. 10,11

### **HEALTHY HABITS AT HOME**

The environment in your home plays a big role in your child's decisions. Keep it healthy to help kids avoid harmful habits.

### If you smoke or vape, try quitting.

Teens report that one of the top reasons they try e-cigarettes is that a friend or family member uses them. Share the reasons why you want to quit, and ask your family for their support as you start your journey.

### Establish a tobacco-free home.

Don't allow smoking or vaping in your home. Make sure to ban smoking and vaping in your car too.

 Steer clear of smoking and vaping in public places. Avoid restaurants, parks, and other locations that allow people to smoke or vape.

### Set family health goals each week.

Take a walk together around the neighborhood, try a new vegetable each week at dinner, do one-minute yoga stretches together, or challenge everyone to drink more water. Working as a team keeps it fun!

### PRACTICE WAYS TO SAY NO

Ask your child if they've ever felt pressure to try vaping. Then strategize what they can say or do if another kid offers them an e-cigarette, and have them practice by responding to different situations

- Say a simple "No, thanks," or "Nah, that's not my thing.
- Change the topic ("Hey, are you going to band practice today?"].
- Walk away and do something else.
- Talk with a friend, parent, or trusted adult.

### **RESOURCES**

Teens may not know the signs of nicotine addiction. If you think your child is vaping, talk to them about why it is harmful. Ask for support from others. Remember: It's never too late to get help.

- Cravings to use e-cigarettes or other tobacco products
- Feeling anxious or irritable
- Continuing to vape despite negative consequences
- Going out of one's way to get e-cigarettes

- Talk to your family doctor about treatment options
- Visit smokefree.gov
- CDC Quitline: 1.800 QUIT NOW
- For Young People: Text DITCHVAPE to 88709
- For Families Helping Young People: Text "QUIT" to 202,899,7550